

PSY-104: Psychology: A Critical Review of Historical and Contemporary Perspectives (3 CHs)

Prerequisite: None

Course Description:

This course will focus on various processes of scientific development and change and to become familiar with the chronological history of ideas which contribute to the field of psychology. By examining the historical context within which that historical development took place and by focusing on the contemporary perspectives, students will gain a rich perspective of this field.

Course Objectives:

The course will facilitate students to:

- Develop a basic understanding of the various processes of scientific development and change and to become familiar with the chronological history of ideas which contribute to the field of psychology.
- Examine the historical context within which that historical development took place and the schools of psychology.
- Place current psychological thought within the historical development and context.
- Learn the historical foundation of the science of psychology.
- Learn the influence of philosophy on the development of psychology.
- Define, compare, and contrast the concepts of various schools of thought.
- Identify and understand the influence of specific historical figures on the development of psychology.

Course Learning Outcomes:

This course will enable to students to:

- Discuss the historical foundation of the science of psychology.
- Describe the influence of philosophy on the development of psychology.
- Define, compare, and contrast the concepts of various schools of thought.
- Identify and understand the influence of specific historical figures on the development of psychology.

Course Contents:

- Introduction
- The early Greek philosophers
- Muslim influence on the progression of psychology as a science (Ibn Sinā, Ibn Rushd, Al-Ghazali)
- The Beginnings of Modern Science and Philosophy
- Empiricism, Sensationalism, Positivism
- Early Developments in Physiology and the Rise of Experimental Psychology
- Voluntarism, Structuralism, and Other Early Approaches to Psychology
- The Darwinian Influence and the Rise of Mental Testing
- Functionalism
- Behaviorism and Neo-behaviorism
- Gestalt Psychology
- Psychoanalysis
- Early Alternatives to Psychoanalysis
- Humanistic (Third Force) Psychology
- Review of the progression of thought in Psychology- Future Directions

Textbook:

- Hothersall, D., & Lovett, B. J. (2022). *History of psychology*. Cambridge University Press.

Reference Books:

- Benjafield, J. G. (2008). *A history of psychology*. Allyn & Bacon.
- Misiak, H., & Sexton, V. S. (2008). *HISTORY OF PSYCHOLOGY: AN OVERVIEW*. Chicago: University of Chicago Press.
- Robinson, D. N. (2008). *An intellectual history of psychology*. University of Wisconsin Press.
- Schultz, D.P., & Schultz, S. E. (2007). *A History of Modern Psychology (6th ed.)*. Cengage Learning.
- Rani, D. A. (2014). *Applied Psychology*. New Delhi: K.K. Publications.